



# All set

## for summer

With holiday season almost upon us, it's time to start prepping the body for its annual unveiling. These beauty boosters will keep you looking polished from top to toe

### 1. Champneys Mediterranean Bliss Shimmering Body Oil, £10

For smooth skin with a summery glow apply a small amount of this softening oil to collarbone and limbs. This new range from Champneys is inspired by their first European spa in the Spanish hills, and the soothing and luxurious blend of fig milk, olive leaf and green tomato is evocative and utterly delicious.

### 2. Lush Volcano Foot Mask, £5.25

This exfoliating foot treatment is as fiery as its name. Plaster your feet with the spicy unguent, wrap them in plastic and relax for ten minutes. After unwrapping, massage in to feet and rinse to reveal soft, smooth skin that tingles pleasantly for a long while afterwards.

### 3. Paul Mitchell Awapuhi Ginger Texturising Sea Spray, £17.95

Come summer, surfer girl waves are pretty much compulsory for longer hair whether at home or abroad. Make the most of the extra ten minutes in bed and simply wash and condition

before spritzing hair with this fragrant mist. The resulting romantic waves will turn the heads of the more extravagantly coiffed.

### 4. Kerastase Huile Celeste, £18.30

This new shimmering protective oil works on three levels. UVA and UVB filters provide protection against harmful rays and photo-degradation; moisturising macadamia oil cares for the hair fibre; and shimmering micro-particles give hair a beautiful shine boost.

Spray on dry or towel-dried hair over the whole head before or during exposure to sun. Re-apply throughout the day.

### 5. Lucy Russell Organics Sugar Scrub, £27

Prep your skin for hair removal or self-tanning with this luxurious blend of organic brown sugar, coconut oil and cocoa and shea butters. Your skin will be infinitely softer and veiled with the scent of organic may chang and eucalyptus.

### Stockists

**Lucy Russell Organics**  
PO Box 167, Battle  
0845 094 2227

### Lush

1 East Street, Brighton  
01273 774 700

87 East Street, Chichester  
01243 532 822  
Unit 1, The Martlets, Crawley  
01293 528 581

### Champneys

60 East Street,  
Chichester 01243 819010  
24 East Street,  
Brighton 01273 777155

### Paul Mitchell

Stockists: 0845 659 0012

### Kerastase

Stockists: 0800 012 1785.